

# Handout: Amerindian Foods

Student museum activity: Comparing our favorite foods



# Amerindian Heritage

Grenada National Museum: Teacher Kit

What are some of your favorite foods?

**Did you know** many of our “favorite” foods were brought to the Caribbean by Amerindians? However, there are many other foods that were brought here by European colonialists

**ACTIVITY:** Circle one of your favorite foods from each group below. Then, answer the questions about them shown in the table.

Group A—Choose a favorite! (circle one)	Group B—Choose another favorite! (circle one)
Manioc      Maize/Corn      Beans Papaya      Pineapple      Peanuts	Bananas      Oranges      Onions Mangoes      Coconuts      Sugarcane
Sketch each item:	
Write whether each item is a vegetable, fruit, plant, nut, seed, spice, or other:	
How is each food commonly eaten? Raw? Cooked? Both?	
Where or how do they grow? High on trees? Low to the ground? Underground? Describe:	
Describe their color, size, weight, and shape. Are they full of juices, or very dry? Soft or hard?	
Name 1 thing that is <b>different</b> about the items and 1 thing that is <b>the same</b> :	
Did the Amerindians eat these items? Were they important for their survival? Are these items “easy” to grow in the Caribbean? Why?	
This food is ___ From the New World ___ From the Old World	This food is ___ From the New World ___ From the Old World

Bring this with you to the museum to find evidence and clues that support your answers.