

# Amerindian Foods

Handout: Photos of New World foods



## Amerindian Heritage

Grenada National Museum: Teacher Kit

Here are photos of some common foods that were eaten by Amerindians in the New World.

What can you tell about them by how they look?

Would they be a good food source?

Do you eat any of these foods today?

**Manioc/Cassava**



**Beans**



**Maize/corn**



**Sweet potatoes**



**Peppers**



**Palm nuts (variety)**



**Yams (and other starchy tuber crops)**



**Peanuts**



**Guava**



**Squash**



**Pineapple**



**Papaya**

